

# **Gurdjieff Oskiano**

**March 6th, 2025**

Attendees: Robin, Paula, Ekant, Sandy, Robert, Bobbie, Stephen F, Charles A, Kelly C, Vanya, Hariklia, Sharon J

## **Time and Eternity by Robin Bloor**

Stephen: Will we get a recording of this?

RB: I tried to present it as clearly as I could so that I can hopefully put it up on YouTube later. Attendees will get a link to the recording.

Stephen: Notion of Kairos points. Was dating a woman for a number of months and realised it wasn't going to be the person I wanted to spend the rest of my life with and had to go through the experience of telling her that. When I got home I was emotionally drained and lay and stared at the ceiling and said 'I'm free' and another voice said 'no you are not'. I reconnected with her and we spend another 15 years together before parting – which wasted her time ... This other presence said 'no you are not' – as if I didn't have the courage to follow through – fear of what I had just done or fear of changing a path that I had followed before. Kairos point? More important question – when one gets to the Kairos point is there a right or wrong point and is it a lack of courage that makes my choose one or the other. Somehow I want to live out my fate this time around – that comes from a higher place than my accidental conditioning – if not will have missed the boat again. How to see clearly – distinguish essence from personality.

Is it better to live out one's fate or not? Is there a right or wrong Kairos point and how to know that?

RB: One thing to be put in order – the understanding of different worlds. World 96 not going to live out your fate – may be lucky, may drink yourself to death ... anything can happen – law of accident. Not position in fate in that for fate to grab onto. Most people living in world 96 – don't like to think that, but it is. Once we begin to escape from world 96 put ourselves in world 48 and are subject to karma – don't use world 'karma' because horribly prejudiced by Theosophists. If you have a habit to do a particular thing – biology that is susceptible to cancer and you choose to smoke cigarettes ... under the law of cause and effect and in the Work can change some of those habits. If one of those habits is choosing the wrong partner, may take 20 years to correct. This karma thing isn't a joke!

PS: Agree with Stephen. How do we know what is the right path?

RB: World 24 is the world of fate – if line up with ideas of the Work would be subject to fate – not necessarily a good thing – fate may be to die next Tuesday in an aeroplane. Fate isn't necessarily a good thing.

Essence shouldn't care that it died. Should be pleased to pass on to some other phase of existence. From our mundane perspective may see as a bad thing. Read about an Indian guru who had a

pupil and the teacher fell ill, had a heart attack and nearly died. Said I had to take on your karma otherwise you would have been destroyed ...

Recognise that I have met someone before. The case with the woman I married. Although I recognised that, didn't recognise she was going to really screw over my life. Even if I know, I don't know. Relationship started because I recognised her and took the decision because I recognised her – but we had 4 children.

Sandy: Major examples of crossing points and Kairos times. Looking for closer and easier examples – example of chopping tomatoes and have a moment when present to it. Kairos is a cultural or critical moment and almost like déjà vu. Yesterday received a package from Amazon and it was a teapot and was like didn't I do this last week? If recurrence may be something that has recurred.

RB: Best explanation of déjà vu. Pattern must have been in you and you recognised something. In terms of justice – let's imagine that a number of life times ago I did something that was a terrible crime and have to pay off because recorded in essence and if not I will do it again. If you don't know that is the case – doesn't help you to make a reasonable decision. If in debt, best to pay off the debt. Depends on how much time you spend thinking about things. One of the things about the nature of the fracturing of reality – Theomertmalogos has multiple levels of fractioning ... down to particles of atoms. That means lifetimes at those levels are hitting Kairos times all the time. Might be not another Kairos time for 10 years but for cells of your body might be every day – a matter of scale. Would be disappointing to get to level of perfecting yourself on a planet destroyed by a supernova.

The world appears to be in a terrible mess – most of the people making the mess are the bones of history and they can't escape – Putin can't escape from bones of history.

Robert: Scale?

RB: Important idea. Microcosmoses in glass of water have a lifetime subjectively that is same as ours. Breaths, sorrows, joys – as if they live 70-80 years, but for us not more than a couple of days. With scale goes lifetime. In our day and night is possibly a breath for the planet – something that takes 3 seconds for the planet takes 24 hours for us. The scale is different. Think it is Rodney Collin who says we don't know what the Earth looks like – may look like a cow. Consider the scale of yourself. I am 3D person experiencing some degree of presence – what shape am I if I look at my lifetime. Can't recognise me ... It is a corridor and is miles long and has been to many places and do not recognise me at that level. That is what happens when you add a dimension – scale. My favourite idea is that planets are organs of the body so the Earth is like a stomach digesting influences from planets orbiting the Sun.

Robert Davis – how big is he?

Robert: How long he lives, how far he travels?

RB: On video – would see 30 trillion cells and a lot of bacteria. Once upon a time were a single cell. You were born into a different scale – microcosmos and have grown to Tetartocosmos. Add various levels of plasma and other structures for moving and emotional center – not only cells. It helps to have little pictures – what is the biggest cell you have ever seen? Likely answer is an ostrich egg – it is one cell. The cell fertilised in a woman’s womb is extremely small, but ostrich egg is large. You think there are a lot of human beings, how many trees? 50 trillion? They weigh an incredible amount. Fungus on the planet – more than plant life. Insect life – also massive. If we destroyed all the bees, most of the plants would be gone. Strange decision they took – reproduction by bees! Which came first, the flower or the bee? Necessity for nature to progress ... new species don’t happen in the way that Darwin thought about it – have to evolve in an environment – Trogoautoegocrat.

Vanya: Have very often the experience that I don’t have enough time to do what I want to do – get stressed. Other times when nothing outside changes but something changes in me and the question of time that isn’t there doesn’t arise. Doing things mechanically must have to do with it.

RB: States. We get into states and are attached to substances in us. If we get into a state of feeling stressed, that means there is a certain substance in us. There is a specific Work exercise need to think about to resolve them. Realisation that I am not important. If under stress or tension, something in you that believes there is an outcome that matters. Where does it come from that I think it matters? I think I am important. Nobody lower than a Saint is important! Let me get familiar with these parts of myself that think I’m important. By not being important you don’t get in your own way. I’ve been treated by one of the most important people around – flown 1st class to address large audiences in Argentina and Uruguay and paid large amounts of money. Was walked through the airport ... felt embarrassed – was accompanied by a woman everywhere and I asked here who she had done this for before and was Henry Kissinger! I had just been booked to do something and was treated like I was a politician and was important and was embarrassed by the whole thing and started to realise what a nullity I really am. I didn’t want it and didn’t feel like I deserved it.

Some people – a politician I won’t name – had his mistress with him who was dancing around trying to ensure he was given the importance he deserved.

Stephen: “To believe you are magnificent and discover that you are not magnificent – enough labour for one life.”

RB: If I have the experience that someone has criticised me, I feel annoyance.

Robert: KGB is a bone of history – they placed Putin.

PS: Institution, not an individual – a cosmos?

RB: Difficult to sort out the institution from the people that created it. It has a lifetime.

Robert: Individuals don’t have much control ...

RB: Think Stalin had control of the institutions.

Sandy: What G says about War. About feeding the Moon.

Idea of Aeon is significant and to change consciousness requires a different view of time. After the Aeon, key characteristics of higher states?

RB: Altered sense of time and self. Sense of everlastingness and interconnectedness. Ability to perceive recurrence and diminished importance of ordinary concerns – should be mechanicality. As long as we don't have bad habits – alcoholism – should stop. If most of your habits don't buy you any karma, not important.

Sandy: Star of David slide – intellect manifests something of conscience?

RB: ... higher levels of understanding involve more conscious view of reality .... whenever you encounter a contradiction, should be interested in it. Direct perception of truth, not just knowledge from the senses.

Sandy: Importance of ideas of the Work.

RB: After 4 decades in The Work – how appropriate the horse, carriage, driver and master is. All there. In general sense: driver is lousy ...

# AI Meeting Summary Mar 06, 2025

## **Quick recap**

Robin discussed the complex concept of time, the role of the "Heropass" in the lifespan of every cosmos, and the idea of the universe as a fractal with octaves within octaves. The conversation also covered various aspects of time, fate, and personal choices, with a focus on understanding the concept of scale and the importance of precise notation for movements. The conversation ended with Ekant sharing his personal experience and preparation for teaching movements, emphasizing the importance of good skills in sensing, perceiving, and acting, as well as the ability to combine and arrange information.

## **Next steps**

- Ekant to continue teaching movement classes and seminars.
- Sharon to attend the intensive movement workshop at the end of March.
- Robin to make the meeting videos available in a few days.
- Attendees to practice the finger exercise demonstrated by Ekant.
- Ekant to prepare for teaching teachers of movements in future seminars.
- Attendees interested in movements to seek out opportunities to practice and learn from qualified teachers.

## **Summary**

### ***Disjointed Conversation With Robin***

Robin speaks in a disjointed manner, alternating between German and English phrases. The conversation lacks coherent content or clear topics, making it difficult to summarize any meaningful discussion points, decisions, or action items.

### ***Exploring Time and the Hero Pass***

Robin discussed the complex concept of time, drawing on ideas from Gurdjieff's "Tales". They explored the notion of the "Hero Pass", a flow of time that diminishes the volume of the Sun Absolute. Robin emphasized that time is a unique subjective experience, differing by location and living beings, and is not the result of any cosmic phenomenon. They also touched on the idea of the universe as a fractal with octaves within octaves, and the influence of the "Hero Pass" on the lifespan of every cosmos below the Sun Absolute.

### ***Time, Visibility, and the Eon Cycle***

Robin discussed the multifaceted nature of time and its role in human existence. He introduced the concept of visibility and invisibility, emphasizing the importance of recognizing the rich inner world of thoughts, emotions, and experiences that everybody possesses. He also highlighted the limitations of the materialistic worldview, which prioritizes the physical world and senses, denying or ignoring the possibility of any higher realities. Robin emphasized the need to move

beyond the linear, sense-based concept of time and to develop a stable sense of self. He also introduced the idea of the eon, a higher order of reality beyond time and space, and the concept of recurrence, suggesting that the universe and all its events have already occurred and will continue to occur infinitely many times. He concluded with the idea of the 7th dimensional universe, which considers the dimension of scale in determining the place of every living thing within the cosmos.

### ***Time, Fate, and Personal Choices***

The discussion covers various aspects of time, fate, and personal choices. Robin explains the concept of different worlds and how they relate to fate and karma. He suggests that in World 96, people are under the law of accident and cannot live out their fates, while in World 48, people become subject to karma or cause and effect. The group explores the idea of kairos points and the difficulty of knowing whether one has made the right choice at these crucial moments. Robin also touches on the concept of essence recognition and how it can influence decisions, even if the outcomes are not always positive.

### ***Understanding Scale and Perspective***

Robin emphasized the importance of understanding the concept of scale. She explained that when one is born, they are at a microcosmic level, but as they grow, they reach a macrocosmic level. She used the example of a single cell in the womb growing into a human being. Robin also discussed the idea of different scales in the universe, such as the scale of the Earth and the scale of human beings. She suggested that one needs to change their scale of perspective in order to understand the world. Robin also discussed the idea that the Earth could be a stomach, digesting all the influences from the other planets. She also touched upon the idea that the institutions of the world are a product of their programming and that the individuals in them have limited control. Finally, Robin emphasized the importance of understanding oneself, saying that one should not think oneself as important, but rather as a part of the universe.

### ***Movement Techniques and Teaching Practices***

Ekant led a comprehensive discussion about movements, focusing on practice and teaching techniques. He demonstrated exercises like the "little exercisen zero" and a counting exercise that combined physical and intellectual centers. He also introduced an exercise that combined physical and emotional centers, using three chosen words. The session concluded with plans to continue discussing teaching movements.

### ***Ekant's "To Be" Movement Notations Discussed***

In the meeting, Ekant discussed the concept of "to be" as a personal aspiration and desire. He also introduced various movements, including exercises, multiplications, women, and Dervish dances. Ekant emphasized the importance of precise and clear notation for movements, without any interpretation or changes. He demonstrated some of his notation examples, explaining the symbols and positions used in the movements.



## ***Practicing Movements for Spiritual Growth***

The discussion focuses on practicing movements as part of a group activity or spiritual practice. Ekant explains that practicing movements provides a unique experience of energy and transformation, different from simply watching. He emphasizes the importance of attention, coordination, and inner work while performing movements. Ekant describes various formations used in practice, such as lines, circles, and partner work. He also highlights the significance of welcoming effort and friction, learning from mistakes, and developing the right attitude towards corrections. The discussion concludes with an overview of typical states a practitioner might go through, from initial curiosity to becoming a representative of the work.

## ***Finger Multiplication Exercise Demonstration***

Ekant presented a multiplication exercise using finger movements, which was well-received by the team. The exercise involved moving fingers in a specific sequence, with each finger representing a number. The team was able to follow the instructions and perform the exercise successfully. Ekant also demonstrated a more complex version of the exercise, which involved multiple lines of different finger movements. The team found this exercise to be interesting and engaging.

## ***Ekant's Journey Into Movement Teaching***

In the meeting, Ekant shared his personal experience and preparation for teaching movements. He discussed the need for extensive practice, development, and experience in hundreds of movement classes. Ekant emphasized the importance of good skills in sensing, perceiving, and acting, as well as the ability to filter out irrelevant information. He also highlighted the significance of intellectual skills like guiding and maintaining groups, as well as the ability to combine and arrange information. Ekant's journey into movement teaching began when he was inspired by a demonstration of movements he saw online. He began teaching in 2000 and has continuously developed his skills. The conversation ended with a discussion about the benefits of teaching movements and the importance of preserving and nurturing this work.