

Meeting #10 Feb 4th

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English/German Tales Study

Attendees: Robin, Paula, Sandy, Ekant, Bobbie, Vanya

Sandy: Word for three-brained beings in German

Ekant: It is literal. This is an uncommon word – three-brained being. The brain usually means the head brain. Literally dreihirnige means three-brained.

Sandy: Typically right brain and left brain in psychology. In the Work refers to beings that have less than beings could have. Higher being-bodies ,höhere-Seins-Körper‘.

Ekant: Is also a literal translation. Same as in English, not used in normal language. Quite a common term in the Work.

Vanya: So normal that I use it in my normal seminars and people are confused. People are interested – on the surface at least.

Sandy: Higher-being bodies? Do we use that term?

RB: If they do, got it from The Work. People never talked about higher bodies. Astral body, but didn't call it higher and didn't distinguish between astral body and the soul. Depends on which book you read.

Bobbie: Never come across in general language.

Ekant: When we read without knowing anything – bekleidet – means you take on some clothes – have higher-being bodies and find some clothes for them if we take it literally.

Sandy: I thought coating your kesdjan body was like taking a coat of paint ... better with clothing.

RB: Hasein's question is unusual. If you were told various people lived on a particular planet that people had higher being bodies ... would be more likely to ask whether they have green skin.

Ekant: If he had listened carefully would have heard the answer before – famous three-brained being is Mullah Nassr Eddin – so was mentioned before. Not explained that they are on almost all planets until this.

Bobbie: Has talked to him about these being before ... says he knows them quite well. ... you have told me so much about the solar system where you spent so many years

Vanya: Hasein's reaction to Ahoon's remark is unusual for a grandson ...

RB: He is 12.

Sandy: One of the words that came up 'mischievously' – same in German

Vanya: direct translation

Sandy: Have to think about Ahoon and Hasein as younger and older parts of Beelzebub ...

Vanya: ... eye of parents, child and adult ...

Sandy: There are many ways to interpret ... to get you where you are going – 7 ways to get to where you are going on a lot of these questions.

RB: What do we think about this delay.

Sandy: Possibly means a delay in our own Work – if you need to stop and take some time – pause in our development.

RB: If you were taking a flight in an aeroplane and it was delayed ... this isn't that – Captain coming to Beelzebub for advice. Speaks to me as an interval in an octave. Beelzebub thinks of a way of filling the interval.

Ekant: Must not oppose forces higher than oneself ... this is key to me.

RB: This is typical of the Tales – because Beelzebub opposed forces higher than himself he got exiled.

Vanya: Mullah Nassr Eddin also says it.

Ekant: When I understand that something is beyond my own forces, I can either be agitated and try to do something, or can step back and wait and fill the time with something reasonable.

Vanya: It would be normal to take a faster route and Beelzebub is saying the opposite – even if it costs a little more, should not do it – save energy. I was struck by this.

Sandy: Saying take your time and don't rush through. Submit and receive all the results with reverence ...

Ekant: Not many people have this attitude – some maybe from laziness or lack of capabilities. Usually people try to act and not to wait. Probably a good outcome to wait and look.

Vanya: Delay coming from the madcap. Zilnotrago – poison is an outcome.

PS: Yes. And there is an inner cosmos – if we respond to an irritation by pausing before responding ... can save energy and also convert into something.

Sandy: ... self-remembering – breathe and sense your body and something can come in and change.

Bobbie: I think the moment you make an observation, already something has changed.

Vanya: Madcap means insane?

RB: Sakoor – means completely blind in Armenian – would be in harmony with 'madcap' – means unpredictable and crazy.

Sandy: attach to 'madcap' can be playful – drink too much, put lightshades on head and behave crazily.

RB: Vuanik – view? -anik? Means 'pretty' in Arabic. If they are going through this solar system, why? If we regard all of these places in space as states, what is the purpose of going to Vuanik – pretty place – and there is Zilnotrago all over the place. Trago means 'goat' – in some languages,

zilno means 'blood'. Could be blood of a goat – two-brained beings sexual activity? This link to cyanic acid – formula is HCNO – one atom of hydrogen, carbon, nitrogen and oxygen and is highly poisonous to human beings. Hard to get connection to blood of a goat and cyanic acid. It is a gas. Well-known poison. Pretty much everywhere that when he mentions a comet he is talking about sexual activity – can discuss when it comes up. They are avoiding any contact with sexual behaviour.

Bobbie: Traveling with Beelzebub on the Karnak and people will react to atmosphere in certain ways ...

RB: First time he introduces 'spheres' to mean something not spherical. As in people moving in political spheres ... defines an area.

Ekant: Different in German. Sphären – means area or place – not used to mean 'round things'. Used to mean something not clear – generic.

PS: I think we would use 'space' to mean something similar.

RB: In physics there is a term 'field' that is also very confusing.

Sandy: Raum – used several times. I think room when I see it. How does it relate to space and area?

Ekant: Means room in a house and also a space. Weldraum means cosmos.

Astronaut is a man who is flying through the 'weldraum'.

Sandy: Do we link Beelzebub and his fellow passengers as astronauts.

Ekant: They are more passengers than astronauts.

If I am flying as an astronaut through space, Zilnotrago wouldn't mean anything. Spaceship would not have a problem flying through areas of gas.

RB: Idea of not being able to kiss your own elbow one you have come across.

I remember telling my kids I would give them money if they could kiss their own elbows ... but not idea of not being able to jump over own knees. It exists in Zen ... they are good at impossibilities.

Ekant: In me the idea is of filling an interval. Makes sense if I think about mi/fa passage and have to gather a lot of energy – friction to create something. If we employ energy by acting out something, will not gather or collect energy. Even more from si to do – cannot really do anything about it – something has to come and give a certain pull.

RB: The idea of filling an interval isn't something most of us know about. IN filling an interval, only need to create a 'do'. One of the things he did which mystified people around him – got in contact with Soviet authorities and tried to initiate an institute in Petersburg. He wasn't going to, but he needed it to fill an interval in another octave. Often things he did made no sense.

PS: I like the story of him throwing his passport in the sea before disembarking.

RB: Got arrested for hiding money in his mattress. Came into America with 2 melons in his possession. He pretended that they were very special and succeeded in getting them in.

Sandy: Interesting idea – start an octave to fill an interval. Just the ‘do’ will do – have anything to do with conscious shocks?

RB: Would have to think about it – but probably yes.

Story of Wagner and his wife. When he had a creative block, he would start an argument with his wife and when she became very irritated and so did he, he would go off and create.

PS: People do things when they get bored.

RB: There was a cake factory and people would leave them in their cars and we would break into their cars and steal the cake that the workers had in them.

PS: Is it the same thing, just not intentional.

Sandy: Madcap

Ekant: Something unexpected happens – law of accident.

Vanya: Law of accident? Said it before. Feeling that there is something big in it. Happens all the time, but to do it intentionally. If you can use that – can see the octave happening and can see when it is stuck and something needs to be done.

RB: Needs to be studied. The octave of The Work is the thing to study. It is written about and explained by Maurice Nicoll. ‘Do’ of the octave is to receive the ideas and recognise them as important. It can have an interval within it. Next is to apply the ideas within themselves – can have long philosophical conversations, but don’t go anywhere – ‘re’ of the octave is to apply the ideas to yourself. In an ascending octave it is you that is being transformed. Can have the same octave for learning how to play croquet or chequers – doesn’t matter – passive octave that ascends and thing being transformed is you. Have to actually listen to the ideas to the ‘do’ of the octave – otherwise not really receiving.

In second note have to apply the ideas to yourself and realise it is harder than the ‘do’ – the ‘re’ is harder than the ‘do’. Third note is realisation of personal difficulties – can only do if accepting what your observations are in applying ideas to yourself. Self-remembering seems like a good idea in the ‘do’ and get some success in ‘re’ and realise you can’t do it – third note ... at that point the work on yourself has stopped and it needs something to fill the interval. Every time we are learning something, we should know that it is a passive octave and I am the thing being transformed – always same: do, re, mi and always a point of difficulty.

In most cases you fill the interval by getting a tutor – like playing tennis. Got as far as you can hitting a tennis ball ... find someone to teach you and they become the force to fill the interval and then you can go forward. Most of people’s education they never get past the mi/fa interval. If you have a skill – examine you got it – you went past the mi/fa interval.

PS: Don’t think you necessarily need a tutor.

RB: Can be necessity – the deadline itself. Ways things get written – because someone puts a deadline down.

Vanya: Hard for me to learn the music for movements if we don’t have a seminar.

RB: Something Rina said that most people never understood. In the weeks of Work we would be

given a task of creating a performance and each group would have to create a performance and you only had half an hour free time each day. Unless you wanted to stay up after the day had finished. Then you would discover you had to do things in your free time for some reason and would have no time to prepare. "Procrastination is the mother of invention".

People should be put in a situation as often as possible – to be completely unready and unprepared and have a task dropped on you instantly. You have to sing a song now ... start! It gives you a vast amount of energy. One of the rules in the Work is you never refuse. If you did you wouldn't be given anything else to do.

Sandy: Being extemporaneous. Comics and actors are famous for practicing that.

Sat down with an Irish nun and talked about our adventures in the holy land – enjoyable if not too shy to do them.

Vanya: Our daughter – asks us to tell a story and gives the names of the characters and then I start and she says 'no' ... Ekant is best at it.

RB: Children are the most beautiful things – they create situations and don't have recognisable patterns.

Sandy: Doesn't have to be strangers – children can be best challenge.

Bobbie: Captain – represents the moving center?

RB: Parallel with MWRM – Captain is Pogossian. One of the deeper layers of G's writing. Something there that we need to understand. Moving center has certain duties and appears to be the case that it takes us from one state to another. I think it does it with the breath. Moving center can't do much without the emotional center – emotional center has the energy.

Bobbie: Captain is intellectual part of the moving center.

RB: I think so. Higher parts of intellectual, moving and emotional centers is how a state gets changed.

Vanya: It makes sense for the Captain to ask Beelzebub ...

RB: Where is he going? We are on the Karnak and hit solar system called Vuanik – why? Heading for Pandetznokh and going to come back via Deskaldino and Holy Planet Purgatory and return to Karatas. No idea the meaning of that journey. Hopefully we will determine that.

Vanya: Kilpreno meaning?

Bobbie: Kil is distance between tip of thumb and first finger.

RB: Preno – will likely be to take.

Bobbie: Loophole and transfer.

Intellectual part of moving center. On my way to New Braunfels – parked at the gas station and was inclined to buy a lottery ticket, but decided not to and went straight to the place where my leg broke and people were there who took care of me. An intellect that had nothing to do with my normal thinking.

RB: Intellectual part of moving center can be experienced in the simple act of representing a movement. It is the moving center that plays chess. It is the moving center that is able to envisage the movement of pieces on the board. When I was young could play without looking at the board.

PS: Also directions – remembering how to get somewhere.

Bobbie: Imagination?

RB: The word has been taken and used in a particular way. We have changed the meaning for the Work. One means representing and the other means running off into the future or the past.

Vanya: ... learn languages through the moving center.

RB: Yes. Reason is you learn through sound and activate through moving center – vocal cords.

... discovered could create a means of silent communication by putting a sensor close to vocal chords and would only have to think a word and it could be communicated without making any sound at all – using on the battle field.

G wants you to read it ‘as if’ reading out loud to someone else. He knew that vocal cords move when you think words. So when he asks you to read it as if out loud to someone else ... doesn’t want you to read out loud ...

Everything more interrelated than we think.

Sandy: Learning alphabets and combine with spoken – sound. Is it legitimate to learn a language as written rather than spoken?

RB: Not sure about the full process. Been learning German ... difference between understanding that comes from sound and from the alphabet.

PS: Get into world of symbols – that is what an alphabet is.

Vanya: Sometimes can catch a thought before someone says it. Maybe works through the intellectual part of the moving center.

RB: Difficult – maybe that is the case. My mother was very psychic with all the children and she used to know things. Anybody you spend a lot of time with you kind of know what they are going to say and don’t know how – just happens.

Bobbie: Get that sometimes with family.

Ekant: Can be to do with predictability and also emotionally contact. Understand what my children are saying even if their speech isn’t clear.

Bobbie: Hasein – sprang to his feet and began to clap and shout – nonverbal.

AI Meeting Summary Feb 04, 2025

Quick recap

The team discussed various topics including the concept of "three-brained beings," the idea of a delay in work as a transformative process, and the importance of spontaneity and improvisation. They also explored the concept of the moving center and its role in changing states, and the process of learning languages. Personal experiences and anecdotes were shared throughout the meeting, with a focus on the unpredictability and unconventional nature of Gurdjieff's actions and philosophy.

Summary

Avoiding Comet Sakur and Stories

Beelzebub discusses with the ship's captain about avoiding a comet named Sakoor that releases harmful gas. They decide to wait rather than take a detour. Beelzebub uses this opportunity to learn about advancements in spaceship technology from the captain. Hassan expresses joy at the prospect of hearing more of Beelzebub's stories during the delay. Beelzebub then agrees to tell Hassan about three-brained beings on the planets of a particular solar system where he spent many years.

Three-Brained Beings and Higher Bodies

The team discussed the concept of "three-brained beings" in the context of a German text. Ekant clarified that the term is uncommon in German and not typically used in everyday language. Sandy and Robin noted that the term is more commonly used in the context of higher spiritual beings or bodies. The team also discussed the translation of the term "higher being bodies" and the concept of "coating" or "clothing" one's soul. Robin pointed out that the question of whether these beings perfect themselves and create higher bodies was unusual, suggesting that more typical questions would focus on physical characteristics.

Exploring Delay, Inner Cosmos, and Change

In the meeting, the team discussed the concept of a delay in their work, drawing parallels with the story of Beelzebub and Hasein. They explored the idea of not opposing forces higher than oneself and the importance of taking time and not rushing through tasks. The team also discussed the concept of inner cosmos and the potential for change within oneself when pausing to reflect. The discussion also touched on the idea of higher being bodies and the importance of self-remembering. The team also analyzed the meaning of the name "Vuanik" and the purpose of visiting a "pretty" place in the solar system.

Exploring German Spatial Terminology

Robin explains that the word "comet" in the text symbolically represents sexual activity. He also discusses the use of the word "sphere" in German and English, noting that in the tales, "sphere" can mean a domain or area rather than just a round shape. The group explores the nuances of similar words like "space," "field," and "realm" in both languages. Ekant introduces the German word "Weltraum," which means outer space or cosmos, adding to the group's vocabulary and understanding of spatial terminology in German.

Gurdjieff's Unpredictable Actions and Philosophy

The group discusses the concept of "filling an interval" in relation to Gurdjieff's actions and

philosophy. Robin explains that Gurdjieff often engaged in seemingly inexplicable activities, such as attempting to set up an institute in Moscow, which were actually meant to create friction or fill intervals in his life. Paula shares an anecdote about Gurdjieff throwing his passport into the sea before disembarking, illustrating his unconventional behavior. The conversation touches on the unpredictable and often perplexing nature of Gurdjieff's actions, which defy linear thinking and organization.

Smuggling, Breaking Rules, and Creativity

The team discussed a story about a man who smuggled melons into the United States for a medical purpose, and how it led to an interesting encounter with immigration authorities. They also shared personal experiences of breaking rules or laws, such as Paula's attempt to bring limes into the country and Robin's past of stealing cakes from a factory. The conversation then shifted to the idea of creating something out of adversity, with Robin mentioning Richard Wagner's method of starting arguments to stimulate creativity. The team concluded by speculating about the possibility of a mechanical or instinctual drive behind their actions, with some attributing it to a "madcap" nature.

Understanding the Octave in Learning

In the meeting, Vanya and Robin discussed the concept of the octave in the context of personal development and learning. Robin emphasized that the octave is a passive process where the individual is transformed, and the difficulty in applying ideas to oneself is a crucial part of this process. He also highlighted the importance of recognizing personal difficulties and seeking help or a tutor to overcome these challenges. Paula added that sometimes, the need to perform or meet a deadline can be a powerful motivator for learning and skill development. Vanya shared her experience of needing a structured seminar to learn and practice music. The discussion concluded with the understanding that the octave is a transformative process that requires effort and recognition of personal difficulties to progress.

Procrastination as Mother of Invention

The group discussed the concept of "procrastination as the mother of invention," a principle that Rina often applied in their work. Robin shared an experience where they were given a task with no preparation time, which led to a burst of energy and creativity. The group also discussed the value of spontaneity and improvisation, with Sandy sharing her experience of participating in a storytelling group where she was given a topic on the spot. Vanya shared a similar experience with her daughter, who often asks her to tell stories on the spot. The group concluded that children are great at creating situations and making demands, which can be a good way to practice spontaneity and creativity.

Exploring the Moving Center and Imagination

The team discussed the concept of the moving center and its role in changing states. Robin suggested that the moving center, represented by the captain, works in concert with the emotional center to take us from one state to another. Barbara shared her experience of being directed to a specific place, which she attributed to the intellect of the moving center. The team also discussed the idea of imagination and its relation to the moving center, with Robin clarifying that the work uses the term to refer to fantasy. The conversation ended with the team considering the deeper layers of Gurdjieff's writing and the journey described in the book.

Language Learning and Psychic Abilities

The group discussed the process of learning languages, with Robin explaining that learning

languages through sound is more effective than through the alphabet. They also discussed the phenomenon of knowing what someone is going to say before they say it, which Robin attributed to psychic abilities. The conversation also touched on the importance of nonverbal communication and the emotional connection within families. The conversation ended with Paula needing to leave for dinner.