

Gurdjieff Oskiano

December 12th, 2024

Q&A

Attendees: Robin, Paula, Sandy, Ekant, Vanya, Lindsay, Kelly, Robert, Denise, Anne G, Charles A

The first talk, Evolution by Robin Bloor

Sandy: Went to a spiritual church meeting and people were talking about science and spiritualism. I said I didn't believe in science any more and was asked if I was a flat-earther. Sounds like Wuhan didn't have as much to do with Covid as reported in media.

RB: Once you have created a virus. There are examples where it never got out of a small population – just that sun-spots make it more virulent. Flu is always mutating and people get different inoculations, but it doesn't do what Covid did. It is a co-factor. As soon as we consider the law of three it becomes impossible to claim we ever did anything – we are only ever a third of it. I could have been the active force, but couldn't have happened without passive and the third force. How many people get cancer ... 20% of cells of the body go cancerous and they get killed by the immune system. That is the nature of the game – happen when an extra push is given.

PS: In Saudi Arabia – any foreigner involved in an accident is at fault – logical.

Sandy: Impressed by how much of me is bacteria.

RB: Not just our DNA – all life forms. Trogoautoegocrat has to work. Everything feeds everything else. If there was an exception to that – one substance that nothing can eat – it will pile up and take over. Will get an imbalance. Even if it took millions of years.

Sandy: Makes me think of Autoegocrat

RB: Autoegocrat suffered from the problem that it was winding down.

Robert: Individual genetic background and environmental factors are intertwined to lifestyle in determining the health status of individuals (Figure 1). Increasing evidence shows that environmental and lifestyle factors may influence epigenetic mechanisms, such as DNA methylation, histone modifications and microRNA expression.

RB: Think that is correct. Aren't used to thinking in cosmoses. In one way being impacted by chemicals that make changes to DNA – is that a problem. Is a person is trying to reproduce but can't produce viable babies not a problem for human race – if you have a general problem it is a problem.

There is more to be known. There is a worthwhile video by Michael Clarage where he talks about DNA anomalies. DNA determines structure to some degree but there are exceptional

circumstances ... need to investigate to fully understand what DNA does.

Kelly: Idea about biofilms ... drop their cell walls and exchange DNA.

RB: Need to investigate that. Think of myself as a human cosmos and also a cell in the body of humanity. Have no idea what your position is in humanity. It acts as a living thing and you can see the way it has changed the way it thinks about itself. In 100 years time we will all be gone ... what is our relationship to the species and our relationship to nature. All part of the Trogoautoegocrat and all consuming each other ... what is my position in relation to nature. The Planet Earth is not nature – it is more than nature. Nature is a film on planet Earth and what is my part of that.

PS: Great Nature as Gurdjieff called it.

RB: One of the problems people run into with feeding the Moon – tend to conceive of the Moon as a ball of rock and nothing that could go from your physical body to the Moon. What it is that is feeding the Moon and what is the Earth? Have to investigate the possibilities of what happens when we die.

Reincarnation?

The six processes – in Tibetan book of the Dead – reincarnated into one of six worlds. Seems to me that the six processes are just there in the universe.

Sandy: Karma – depends on who I'm talking to and on a given day. Don't have anything ... soul – maybe goes to one of those six worlds and maybe purgatory. I wish it isn't so that this is all there is. Feeding the moon in ourselves – Partkdolg duty and shocks – building the moon in ourselves?

Robert: What are the six realms of reincarnation?

These are the realms of the gods (deva), the demi-gods (asura), humans (manuṣa), animals (tiryak), hungry ghosts (preta) and hell denizens (naraka)

RB: Idea of karma. Not mentioned in Gurdjieff Work – fundamental to Tibetan world. Can get different opinions. Karma is what you are. Talk about traces of karma – you repeat an activity and it becomes part of you. If that involves something negative then this is something you take with you to death is the idea. What you take with you to death determines what the rebirth will be.

God Realm – pleasure, pride and luxury. May seem pleasant, people still trapped and will fall to lower realms – pride and will suffer. Will fall out of God realm in a worse state.

Demi-God – jealousy, conflict. Reborn ...

Human Realm – most fortunate.

Animal/Beast Realm – ignorance and instinctual behaviour – survival and reproduction.

Hungry Ghost Realm – frustration – insatiable desire and inability to satisfy needs.

Hell Realm – suffering.

Ekant: Humanity evolve or will cease to be – every species has to cease to exist?

RB: What role are we going to have? G is telling a story of mankind having already failed to produce the substances voluntarily that the Moon needs. The death of the species could occur because mankind fails completely and another species has to be created to fulfil that role. Could die anyway if the Moon drifts away and no need to feed the Moon any more – nature would change dramatically – maybe that will happen. Variety of possibilities.

Sandy: Death of the species ...

Robert: as the moon is locked in facing the earth is it only half feeding?

RB: The dark side of the Moon appears to get fed. When you die the solid and liquid stays on the Earth and the gaseous stuff. Plasma is negatively electrically charged will naturally float up to the ionosphere and there appears to be a flow of charge from the ionosphere to the magnetosphere and the center facing away from the Sun ... when the Moon passes through the magnetosphere of the earth (for 5 days a month) the dark side of the Moon is charged. Fed by charged plasma. H48 or H96. Fed by ionic material from the Earth via the death of living things – animals too.

Sandy: Not sure I understand the shocks creating moon in us.

RB: Difficult for me. People said that. The Moon in my Ray of Creation will be the bones – the heaviest stuff. Talking about a series of layers of energies. Idea of creating Moon in yourself is probably related to creating a kesdjan body – trying to crystallise. The way we create moon in ourselves is by working on ourselves. In groups told we have to work it out.

Sandy: Ocke de Boer has information on that.

RB: Ocke de Boer was taught by George Adie.

Ocke de Boer Books: Higher Being Bodies and Two Souls.

RB: Had the idea for a long time that the scientific theory of evolution is all wrong so I decided to apply the ideas of the Work. Spent a couple of weeks ... need to do more. For example what are the prions doing. Created Ray of Creation for Eukaryotes and don't know if it is correct. The pattern of smaller life inside of larger life – think that is correct.

This will all go in a book.

I wanted to create a theory of Evolution based on the Work that is credible. Don't know anyone else who has done this – maybe Keith Buzzell? If we do that we will probably understand other things. Ouspensky put forward the idea that you really need to look at the cosmos below and the

cosmos above. When you look at a cell it doesn't look like a living species because of the scale we are compared to it. We see it as looking like an amoeba but we don't know what shape it really is. If you look at a planet – what is the shape of a planet? Spherical? No it is not. When we go up in scale or down in scale things start to become round. Could be that the actual shape of the Earth is like an elephant or a chimpanzee. Estimated 30 trillion cells in human body and you were originally just one and over the years have grown beyond that and microbiome is also about 30 trillion cells.

What do you look like – depends on the time period. What do you look like over a day – you are a long tube that the body occupies. Has also passed around the Earth once in a day. If you look at timescale of a year, you have created a loop around the Sun with loops within for the spin of the Earth with variations for when you got in a car or an aeroplane.

Lindsay: You might find interest or reference in Zach Busch's work it sounds like it would support these octaves of genetic evolution, microbiome, as well as the digestion of light.

Saw him in an interview on Gaia. Some of his work seems to be relevant.

RB: Idea is to write the second volume of G's Hydrogen's as a text on evolution, plus ... wanted to include some things the Tibetans say in respect of ignorance. There are two kinds of ignorance – individual ignorance and cultural ignorance. Have different impacts. Things we know and things we don't know so well. Need to try and use our reason to work things out, but most people don't do that at all. Happy to accept suggestion and a repetition of what somebody said is fine. That is personal ignorance. Cultural ignorance is the society you belong to insists that you look at the world in a particular way and you have no choice as to how you look at the world. That misses at least 90% of what was said, but interesting because I regard Tibetans as a valid source.

Sandy: More about digestion of light?

Lindsay: Zach Busch - biocellular research. Concept of carbon – necessary for digestion of light because it is what it binds to. Digestion of light into chemical ... to planetary level of living being and an Earth-breath and killing microbiome of the planet. Connecting to microbiome of the body and how it is influencing human foetus – gender – nature will evolve and this is a byproduct of processes. He targets one particular chemical ... has an expensive course. Good concepts on cellular level.

Robert: DuPont forever chemicals?

RB: No desire other than to get at the truth. Concerned as to what I am – what is a human being? Should I start preparing for the next life and should I start very early? Various writings and authorities and take a look at what they say and doing a jigsaw puzzle. Will probably take me a year to write this book.

In research the making of connections is everything. Many people have come across information that the Sun seems to be provoking pandemics but nobody would link to other stuff I have. The

Sun seems to cause earthquakes and it appears that an earthquake is an underground lightning bolt.

There are biological things in the sea and when they die they fall to the bottom and not all consumed by bottom-feeders. When does that get recycled? The tectonic plates eventually recycle it all. Passed around in the hot level of the rocks. Trogoautoegocrat is a useful theorem to use ... ask what does it eat? Monarch butterflies migrate south and end up in Mexico. Trees festooned with butterflies ... may mate on the way? Why are they doing that? Coral reefs are really beautiful and we get pictures of all the life forms on the reef ... nobody ever saw it for 1000s of years, so why is it colourful.

Robert: No, most fish are not colorblind and can see a range of colors in the red, blue, and green visual spectrum

AI Meeting Summary Dec 12th, 2024

Quick recap

The meeting covered a wide range of topics, including the evolution of life on Earth, the origins of Covid-19, and the concept of reincarnation in Tibetan Buddhism. Discussions also touched on the importance of movements in personal development and group work, with a focus on various aspects of movement practices and Gurdjieff music. The conversation ended with an exploration of dervish movements and their elements, including circular counting, multiplication, and the law of three.

Next steps

1. Ekant to prepare the remaining parts of the movements presentation for a future Oskiano meeting.
2. Robin to schedule another session for Ekant to complete his presentation on movements. All participants to practice the arm movements and positions demonstrated by Ekant. Sandy to explore potential connections between the 6 realms of reincarnation and the 6 processes discussed.
3. Robin to include the evolution theory based on Gurdjieff's work in his upcoming book. Robin to investigate Zach Bush's work on cellular biology and digestion of light.
4. Robin to research the connection between sunspot activity and pandemics.
5. Robin to further explore the idea of earthquakes as underground lightning bolts.
6. All participants to reflect on the concept of creating moon in oneself through conscious labor and intentional suffering.
7. Robin to review Ouspensky's work on higher being bodies for the Wednesday meetings.
8. All participants to consider the implications of the trogoautoegocratic process in their daily lives.
9. Robin to continue developing his theory of evolution based on the work principles.
10. All participants to practice circular counting as demonstrated by Ekant.
11. Robin to investigate the mathematical background of enneagram multiplications.
12. All participants to reflect on the inner work aspects of movements practice.

Summary

Evolution of Life and the Moon

Robin discussed the evolution of life on Earth, drawing from the tales of Gurdjieff. He explained that single-celled life forms, such as bacteria and archaea, existed for 4 billion years before multicellular life emerged. The Cambrian explosion, around 500 million years ago, saw a rapid evolution of new life forms. The moon was possibly formed during the protozoic period, and its needs were met by the substances produced by various life forms at different times. The evolution of complex life forms, according to Robin, is not adequately explained by natural selection alone. He also introduced the concept of involution, alongside evolution, and the idea of mutual feeding in the universe. The discussion also touched on the fossil record, the formation of the moon, and

the role of single-celled life forms in creating the Earth's atmosphere.

Evolution of Life Forms and Viruses

Robin discussed the evolution of life forms, focusing on bacteria, viruses, and plants. He explained that bacteria can sense their environment through various mechanisms and feed on substances around them. Viruses, though smaller, likely evolved at the same time as bacteria and consist of genetic material enclosed in a protein coat. They can sense their environment and invade host cells. Robin also discussed the role of viruses in creating new genetic material and adapting to new hosts. He mentioned the importance of ATP in cellular processes and how glucose, produced by plants, is the primary energy source for multicellular life. Robin also touched on the concept of involution, where lower life forms may be created from higher life forms. He used the example of New Zealand's ecosystem, which evolved entirely from birds, to illustrate this concept. Lastly, Robin discussed the growth of the Earth and its implications on life forms, using geological data and the fossil record to support his claims.

Covid-19 Origins and DNA Exchange

Robin discussed the origins of Covid-19, suggesting that it was not solely caused by the Wuhan virus but was influenced by sunspot activity. She also touched on the concept of the Law of 3, implying that no single factor can be solely responsible for an event. Sandy expressed fascination with the idea that 8% of human DNA came from ancient viruses and bacteria. Robin further explained the concept of DNA anomalies and the potential impact of environmental factors on DNA. Kelly raised a question about biofilms and their potential role in DNA exchange, which Robin agreed to investigate. The group also discussed the relationship between humans and the natural world, with Robin suggesting that humans are part of a larger ecosystem.

Reincarnation, Karma, and the Moon

Robin discussed the concept of reincarnation and the six realms of existence according to Tibetan Buddhism. He explained that the God realm, while seemingly pleasant, is actually a state of suffering and pride, and those who enter it will eventually fall to lower realms. The human realm is considered the most fortunate, and the animal realm is characterized by ignorance and instinctual behavior. The Wandering Ghost realm is marked by intense craving and frustration, while the Hell realm is a state of suffering. Robin also touched on the idea of karma, stating that it is what you are and determines your rebirth. He further discussed the feeding of the moon, explaining that it is fed by charged plasma from the earth, and that the moon's electrical nature changes dramatically during a full moon. Sandy raised a question about the idea of creating the moon within oneself, to which Robin responded that it could be related to the concept of karma.

Custom Body and Evolution Discussion

Robin discussed the concept of creating a custom body and the idea of using the tools of the work to create a more accurate scenario. She mentioned her intention to write a second volume of "Gorgeous Hydrogens" as a text on evolution, incorporating some points from the Tibetan teachings about ignorance. Robin also expressed her concern about understanding exactly what a

human being is and how to prepare for the next life. She mentioned her plan to absorb and include more information in the book, making connections as the key to understanding. Sandy and Paula shared their thoughts on the topic, with Sandy connecting it to the gods and demigods, and Paula mentioning Lindsey's idea about the digestion of light. Lindsey introduced the work of Zach Bush, who discusses the cellular level of biology and the digestion of light. Robin agreed to look into Zach Bush's work.

Natural Phenomena and Meeting Logistics

Robin raises various questions about natural phenomena like earthquakes, ocean ecosystems, monarch butterfly migration, and the purpose of coral reef colors. Paula notes that Robin's questions likely won't be answered in this discussion. The conversation then transitions to logistics for an upcoming meeting or event.

The Movements

Movements in Personal Development and Group Work

Ekant discussed the importance of movements in personal development and group work. He emphasized that movements are a practical tool for teaching, as they can be understood and practiced by people of all intellectual levels. Ekant also highlighted the role of movements in developing body awareness, control, and mastery. He noted that movements can be used to work on the level of the essence, and they provide opportunities for transformation of energy and substances. Ekant also mentioned the importance of movements in creating group cohesion and supporting each other in the practice. He concluded by stating that movements are a service for the work, providing energy and states for presentations and attracting new students.

Movement Practices and Teaching Elements

Ekant discussed various aspects of movement practices, including the use of files and lines, the importance of posture, and the classification of movements into exercises, multiplications, dances, Morse movements, laser movements, canon movements, and prayers. He explained that exercises are used for preparation, understanding, and creativity, while multiplications require intellectual understanding and group cohesion. He also mentioned the use of the enneagram in movements and the importance of individual effort in canon movements. Ekant further discussed the elements of movements, such as music, rhythm, and complexity, and emphasized the significance of movements in the teaching process.

Gurdjieff Music Elements and Rhythms

Ekant presented a detailed analysis of the rhythmic, tonal, and melodic elements of Gurdjieff music. He demonstrated various rhythms, including regular, mixed, and irregular ones, and explained how they support the movements and create a specific atmosphere. He also discussed the use of tonality in the music, noting that most movements are in minor tonality, and the unique melodies that characterize Gurdjieff music. Ekant provided several examples of these elements in action, encouraging the audience to listen and identify the different parts of the music. He concluded by mentioning that he would soon conduct an exercise involving movement and rhythm.

Elements of Movement and Impressions

Ekant led a discussion on the elements of movement, including positions, movements, and displacements. He explained that these elements are used in various combinations to create different impressions and effects. He also demonstrated some of these movements, including stretching arms, crossing arms, and turning. Ekant emphasized the importance of practice to become familiar with these movements and to understand their effects on the body. He also mentioned the use of turns and displacements in movements, and provided examples of different patterns.

Exploring Dervish Movements and Inner Work

Ekant discussed various elements of dervish movements, including circular counting,

multiplication, and the law of three. He explained how these elements are used in different movements and how they contribute to the overall experience. Ekant also touched on the importance of inner work and the configuration of movements. The group agreed to continue the discussion in a future meeting, with Ekant planning to present more on practicing movements, tension, and alignment of the center.