

Meeting 118: 21-Feb-2024

— From 1195 - p1201 —

EU Session

Attendees: Robin, Paula, Michele F, Gwynne M, Carole O

RB: [Presentation: Modern Science]

GM: Gives a real idea of how the body ... hanbledzoin. Animal magnetism enhanced by hanbledzoin.

So many correlations.

Recently gave a lecture on horse and carriage analogy and so many people don't get that is about how we are constructed.

We separate ourselves from our analogies. In India and in Europe – more connected. All the travelling in Mid East and Persia – those people know how this all blends in. P1199 middle para – Thanks to what is called the “system of education of the rising generation” which at the present time has already been completely fixed in the life of man and which consists singly and solely in training the pupils, by means of constant repetition to the point of “madness,” to sense various almost empty words and expressions and to recognize, only by the difference in their consonance, the reality supposed to be signified by these words and expressions, the coachman is still able to explain after a fashion the various desires arising in him, but only to types similar to his own outside of his common presence, and he is sometimes even able approximately to understand others.

RB: Become disappointed with my understanding of the relationship between the centers. Activity I am pursuing at the moment. Get a description of all the centers from various writings – and assemble the facts. Things we have been told about these centers. Things happen to me and all of us – don't know what went on. Situation arises and you react in a particular way and think ‘why did I say that?’ Would be good to know answers to those questions. We do not know how the emotional center connects with the intellectual center.

The emotional center understands bits of the language of the intellectual center. Which bits?

Situations that would have made me angry and were too big for anger – replaced by something that realised now is not the time. Not me thinking.

GM: Multiplicity – each center has own multiplicity – division. Recycles that anger somewhere.

PS: Trogoautoegocrat!

RB: Gets transformed in the moment – gets transformed – goes higher and gets used for the moment.

GM: It is complicated.

PS: In that moment – not about thinking.

GM: Presence. Doesn't transform.

RB: It is a witness – may not even notice. Every connection should be intriguing. I can breathe in deeply now so I have some control over instinctive center.

GM: Intentionality of the blood is the hanbledzoin. Our connection – the blood of this group for instance – come to the group intentionally.

RB: Intentionality has a big part to play in this. I found out recently a person had cancer. I noticed their behaviour pattern had changed in the light of the information. Something in the collectiveness of that individual knew it had cancer a long time ago. Intentionality – what about prayer? People will pray for their own healing and others will. Under certain circumstances that works.

GM: It is intentional. I pray in my sittings.

PS: Is it simply petition in that case.

GM: In the case of cancer – sense of remorse (of conscience). They have known all along and know they have known. They knew two years before and knew how to heal that and didn't. Have to have them interrogate their own self about how they justified keeping their same life-style ... have to go into that remorse in some way in order to - I can't do it, I can pray for them. I can't heal that. That remorse either sinks the ship if not dealt with ... seen people heal from stage 4 cancer – went totally into it. Some instinctive thing going on in the beginning – stress-related. React to them with more stress.

CO: A former nurse developed a methodology – before surgery see yourself healing, calm yourself, present for the event in a more present state. Asking friends and family to hold you in a state of prayer – think of you in a purple or pink light. Affirmation to share with the surgeon and anaesthesiologist – surgery will go well and healing will be full. I had surgery for endometrial cancer and had that affirmation on me and the team read it and to have that sense of being held by friends and family and surgical team. Some state that raises the energy/vibration – to a healing level as opposed to Earth-bound existence. Not prayer unless coming from a state of remembering yourself.

GM: Team approach in Houston – all are positive – even though you are out, their negativity can be put into the body.

CO: Some have rock music vs classical – higher vibration.

GM: Played the Beatles ... tell them to turn it down – asked for Supertramp.

Music not distracting.

PS: A lot of people play music when they are trying to concentrate.

GM: When Madame de Hartmann got sick, G went out of the room and infused something into something like ketchup and she was healed ... his impotence to heal his own wife. Food also – part of that infusion of intention. Fermented foods.

PS: Bacteria in the gut.

RB: Sexual center. 50% of everyone's activities driven by sexual center.

PS: Could sexual impulses be connected with endocrine function?

GM: I think it is a connection.

RB: Two ideas running here that are interesting. Various glands are secreting here there and everywhere and putting you in a state that you are ready to be sexual. Really only gonads that are responsible for that behaviour but going to interact. They have a lot of things to look after. Could be the planets dictate that you are going to feel sexual, but you are hiking in the country so doesn't matter in your inner world. In the outer situation – probably not food or breath –

mostly outside events he is talking about. Don't see it being planetary position in respect of endocrine glands ... what does he mean.

PS: Outside events will happen regardless ...

RB: Going to church, cinema ... G says all sexually driven.

CO: Bottom of p1200 The point is, that just as the separate independent parts of a "hackney" are connected—namely, the carriage to the horse by the shafts and the horse to the coachman by reins—so also are the separate parts of the general organization of man connected with each other; namely, the body is connected to the feeling-organization by the blood, and the feeling-organization is connected to the organization actualizing the functioning of mentation or consciousness by what is called Hanbledzoin, that is, by that substance which arises in the common presence of a man from all intentionally made being-efforts.

Hierarchy – body less than feeling, less than mentation.

RB: When you sense your body isn't being mechanical. H24 at least. Then something that is going to communicate to emotional centre. Got to be H24 or 12 to do that. Can't be mechanism. Can't choose 'not to be annoyed' – will be a struggle. Struggle may create the hanbledzoin and act of sensing body may create whatever communicates between body and emotions in blood stream. H192 is the lowest level in bloodstream.

PS: Those hormones are travelling around the bloodstream.

RB: What they are doing is a curious thing. The organs are doing their thing and a hormone shows up and they do it faster or slower. If you have a syringe and jab it in ...

e.g. adrenaline.

Problem is the human body is incredibly complicated. Have the map – set of octaves – but don't know how it works. Uneducated about this thing that we are.

RB: Every now and then I think how come I know so little. He mentions education – I came from an educated family – never crystallised my kerdjan body at age 21 ...

GM: Education isn't an answer. Need curiosity and ongoing interrogatives that go on. What is this? Not looking for an answer. Everything is connected to everything else – just want to know what the connections are. Doesn't matter where you come from as long as you have the desire to question everything. Try to make the connections.

Get distracted by world 96 ...

RB: Going to go at the centers – annoyed me too much now. Being able to do one thing at a time is the capability of a real man. I find myself multi-tasking forever.

PS: Or being distracted.

GM: Completion of a task is my issue. But I am still not finished. Procrastination – not finishing things. Exercise of washing the dish ... how often to be thrown off to another task in your brain even.

PS: Sticking with a task – that is just identification, isn't it?

RB: Various mechanical capabilities that one has that fulfil a purpose. Not making an apple pie but the best that has ever been made ... if there is a part of you that ...

PS: If you have a mechanism that you know is effective, you should use it.

RB: Problem is that these things are not one-dimensional.

RB: Will start working on the centers and share and people can contribute.

RB: The magic language of the fourth Way by Pierre Bonnasse – had drawn diagrams and put words on them to try to explain all the centers.

MF: Loses the depth of the meaning. I could see where it loses or where could be better translated.

RB: French title: Mode d'emploi de la parole magique.

RB: Going to take me a long time to find the sources ...

RB: Pierre Bonnasse – took the time to draw this out ... got the sex center wrong.

GM: How do you decide it is wrong?

RB: If it has a value of 0 or 1 and they say it is 0 and I know it is 1. Colour is medium blue and I know it is light blue, that is not wrong.

He talks about the sexual center as being affirming or uninterested. Doesn't have any affirming or denying parts. He has taken words out of ISOM and used them carelessly.

GM: When I talk to people not in The Work, have to be superficial.

PS: Difficult not to lie but to tell them something they can understand.

GM: When I ask 'what did I just say' – education – can't go to University and learn how to think.

RB: Discovery that surprised me later in life – Universities turned out to be full of people who didn't know how to think and didn't make any difference – because people didn't need to know how to think.

GM: Now training all teachers to teach kids how to think – not about answers. Training the teachers. Do away with answers – Socratic teaching – Mortimer Adler wrote about.

RB: Not entirely confined to Socratic method – starts out 'I find out'. Dialogs of Plato's are gold, because Socrates in those dialogs is really creating his own logical sieve of whatever the question is. Extraordinary statements like ... dialog where Oracle of Delphi - Socrates is wisest man in Athens – goes around and speaks with people and ... concludes he is the wisest because he knows nothing. Tour de force.

RB: Always regarded as a minor miracle that every child on the planet can speak a language by age 4 or 5. Involves intelligent abstraction and children don't have a problem with it. All children capable of abstraction, in which case can do math. We stop them being able to do it.

RB: We are not doing the Work for no reason. Hope to be able other people to find other

things out. Realisation about 5 years ago that I didn't know what an emotion was. Started to question the meaning of simple words in the Work and was clear that I had not properly tried to find out their meaning and ... a lot of words there. Talking to people in groups ... 'inner considering means this' – not going to get to the Work until we have a framework that isn't a distortion – the one that I made when I joined The Work. From the food diagram – Fa96 used to digest food and when sick, don't eat. Why does nobody in The Work know this? Been given these diagrams in The Work and we need to link them and find out things. Normally would like to find out that you were a jolly good person all the time – I find out the opposite – I am a piece of crap. Not that inviting to go as far as I am going. Most people don't. Food diagram part of this. Health is part of this. All of us want to live as long as possible or until we have crystallised the body kesdjan. How are we going to be able to if we have no idea how we work. You are interested in the vagus nerve – so am I.

GM: Every day I find out that I didn't understand something correctly. When I present something I do it as Gwynne's idea of the The Work.

PS: Even our model of the Work is likely to be wrong.

RB: Mentation by form and mentation by word.

US Session

Attendees: Robin, Paula, Ronald, Sandra W, Robert P, Jeff, Bobbie, Stephen F, James O'D, Gary R, John A

RB: [Presentation: Modern Science]

SW: How often failure of modern education comes up. Aligns with what you were telling us about science.

SF: As many times as I have heard of the coachman, carriage and horse – seems to yield a little more fruit every time. Nuance that hadn't hit me before – horse been undernourished from the beginning and turned inwards and connection diminished. Made me think about my development and feelings and how they related to my head. In grade school trying to make sense of feelings with my head and internal feelings that made more sense and no language to talk about them with.

Learning to communicate with horse – what would my life be if I had learned early on what my feelings were supposed to perform and how to use effectively?

Raises questions of murky understanding of feelings.

RB: Image of being given a Harley Davidson Motorbike and not knowing what it is for. Frustrated with the fact that I don't know what I am in smallest detail of interactions. Know how to do certain things – obvious ones. Don't know how to make this machine work – have great theories and no idea what to do with them. This morning – just sick of this. Agreed this morning will create a body of work that tries to define the way the centers interact with each other. Going to use Mr G, Peter Ouspensky, Maurice Nicoll and others.

This is the intellectual center and this is what it can do. This is the emotional center and this is what it can do. This is the moving center and this is what it can do. This is the instinctive center and what it can do. This is the sex center ... higher emotional ... higher intellectual. This is how the intellectual center interacts with the emotional center ... this is what we are told.

I dream of this ... there I am in the pub drinking lager and the carriage is outside in the rain and never put it in for a service. Fix this with knowledge. Going to distribute diagrams and asking

everybody who wants to fill in questions they would like answered about it. How does the intellectual center do this, that – area of ignorance. Came as a shock to discover about the formatory apparatus and verify that people I was with all machines. If you asked them for an opinion – gave same opinion as last time. Level of curiosity of people – pretty much zero. Might be fascinated with ballroom dancing or soccer ... don't understand what they do. That is their life but I can't live it.

After we run out of the Tales – going to go after the centers. Look at the food diagram and every stage and what the hydrogens are doing. There is information out there.

This group is full of minds that aren't broken yet.

SW: p1197 – sounds like old age – what happens over time.

RB: Going to start creating stuff and throwing it out. Question here in this passage made me feel uneasy – emotional center does understand our language to some degree. I had always understood it didn't – so wrong. Like to understand ...

Emotional center and intellectual center – little boy and girl holding hands and skipping down ... I start pondering something and the emotional center sees something and lets you know about it. How do you get that little boy and girl to hold hands?

Robert: Talked about what happened about falling. Happy Birthday. Connected. My hanbled-zoin is not vocal and savvy with words to let me know what I am feeling. Instinct or emotions – empathising with people.

RB: Doesn't matter whether your thinking about it is right or wrong – have material. An observation linking intellect to emotion and this is what they saw. Like Harley Davison – throttle – what is a throttle?

I want everybody in this group for them themselves to have a burning desire to know. So that one day someone comes along and sprints a mile ahead of me.

SW: Appreciate your willingness and bravery to initiate it. With this group will be led to places that produce some realisations. Concept of centers makes a lot of sense. Unless I have a grasp of how they work – self-observation always going to be iffy – who is seeing what and drawing right conclusions.

Food diagram and evolutions of inner energies. Huge question for me – what do I make for myself of the gradations of reason and how do I know when I have come to another gradation and how to approach. Form and sequence chapter – laid out something a sequence of inner work to be done in a sequence? Not sure if true. How do make inner work efficient in relation to gradations of reason.

RB: Situation in my formulation of the work is this: everything is connected to everything else and everything in Beelzebub's tales is connected to MWRM and ISOM and notes in Fourth Way and comments by Maurice Nicoll ...

Since publication of The Tales – no attempt to reconcile ISOM or MWRM and Life is Real is a lost continent. I think we can connect them all. Have the tools to do it all.

A lot of work. When you have a book as long as the Tales ...

Begin with the centers. Tripping over. Read something from Ouspensky – was that not a real observation? Let's make those go away – so dealing with some kind of certainty.

Philosophical schools, theoretical schools and practical schools. Philosophical are preparatory – so you might wander into realm of theory. Theory can only take you so far – practical schools

where things are achieved. If someone has a concept, let's discuss.

Won't end up chasing our tails. Maybe will leave something behind for those who come after us.

SW: One form of immortality.

BP: Degrees of reason. In list you gave lowest degree is Martfotai – in fifth obligolnian striving. Self-individuality. A beginning.

RB: Read some of the works of Shia Islam. Martfotai means man of light. When G makes that the base of the ladder – a level of perfection that is very rare. Further steps on the ladder are higher and higher. Suggests to me that Martfotai takes you to level of the Sun or level beneath. Can reach level of galaxy – final completion. So applies to ladder that goes from sun to level of galaxy.

SW: Next few pages go into language.

RB: Started re-reading ISOM 2-3 years ago and realised the thing that had provoked me – only super efforts count. I would ask what a super effort was and people would lie and pretend they knew the answer. Other things people didn't want to be true. Universal language – have to consider yourself who is trying to learn your native language in a way that works for this set of ideas. Introduces on p15 of The Tales – mentation by form and by thought. And going on to consonance – really don't want it not to be true.

Going to have to assign practical meanings to all of these terms.

As he explains in mentation by form and mentation by thought – assign meanings that are wrong and we are going to assign the correct meaning. Same as if someone had pointed to a lettuce and tomato ... and got it wrong.

One of the words is 'imagination' and we changed to representation and it was over – could no longer confuse us. Fantasy and imagination same word.

Somebody told you about inner considering – when I first heard that I didn't know what it meant – new idea. When we talk about inner considering, know what it means.

A lot of the psychological postures are like that. Justification in a work context – normally referring to our pathetic behaviour when something happens and we try to excuse ourselves. Leads quickly to judgement.

Need to take as a work term and consider its level. Assigning things to level of Ray of Creation – Truth of Absolute, Sun Absolute ... Man only interacts with truth at level of Earth and Moon. Never considers what level of truth talking about.

Work we have done in The Tales – telling us what word to use. There is a particle of the Absolute that participates in the creation of every living thing – okidanokh. Defect in man that is acquired prior to being born – kundabuffer. My interpretation is he wants us to use those names. Many times in The Tales refers to consequences of the properties of the organ kundabuffer. Universal comment on the nature of man given in The Tales – things that our behaviours that are unhelpful to us are not our fault. Another set of things are our fault.

Almost a scam – introduces the work and ... once you start you realise it isn't going to resolve fast. Would never have known.

JA: Observation: most people have gone through Meetings with this group and none have gone through Life is Real. Purpose that he said he wrote these things – G's reason for beginning to write – looked at things he wrote about his purpose of his writing more intensely. I have had

asthma all my life and 10-12 years ago had an experience where I got into an asthma attack that was serious – try to avoid assiduously now – started to notice my processes shutting down for lack of oxygen. Shut down in definite sequence. When I got to the physical, seemed to have enough will to go and get the body fixed. Until that so fascinated with the process that I let it go too far. Third observation might seem quite different – last live conference for A&E ... International Humanities – moving from country to country – people had go so far as to feel and penetrate that Herald was important and even sequential – some sort of more advanced than Life is Real.

After the so called pandemic and A&E went online only – after 3-4 times the level of material that was submitted and was spoken about got lower and lower in the hierarchy – don't mean became more interested in reading The Tales. This is one of the few groups that has had a critical mass of serious Seekers of Truth and think we can thank Robin for that.

SW: Thought we went through all those publications.

Like a lot of the papers from the online conferences. Not at a lot of the in person conferences.

RB: Records of all the meetings for Life is Real, Herald, Meetings with Remarkable Men. People do revisit occasionally.

Wasn't until we completed Meetings that we realised there was a lot of connections.

Problem with G's writing – prefer allegorical to factual. Parts of The Tales only make sense when looking at from a particular cosmos. MWRM – stories that didn't necessarily happen to that person in that place but need to be in your mind.

SW: Lots of effort to get into your mind. Penchant for repeating.

JOD: Thanks to all those who do the readings. And thank Paula for notes. Gives an idea of where to look in the recording.

Tempo and density. I read it a long time ago and you hear the same analogy in many places and this is so dense. By this stage hits better than at earlier point. Language good place to start.

SW: In regard to the reading – more about the cabby and coachman. Talking about cabby the most.

RB: Simple explanation is we know our cabby to some degree. Our connection with the horse depends person to person – been kept in a corner and we don't know much about it. Our body we take for granted – I never knew it was so smart.

JA: Have to go through the cabby to get to the horse?

RB: Don't know the answer to that. Could say there are certain things that happen where comes straight from emotional center – not common. Then get that I am been in the Work for a long time and fixed malfunctions of my personality when I would behave in a particular way. Somewhat better than was before. Ever since 1980s been trying to embrace the emotional in myself. Pursued emotional things – go visit churches, read poetry, listen to music, plays of Shakespeare, gospels – emotional pursuits. I was attracted to them. Good thing that it happened to me. My intellect alone is a fierce thing and doesn't do me any favours. Lots of occasions where I wish I had shut up because the intellect was doing its thing.

SW: Fixing malfunctions of personality – interesting – don't fix those things – just whip them and feel guilty. Connecting centers.

RB: A way of giving up a habit. Described in Oragean version as the only way that works. Give up a habit for a period of time and take it on and experience consciously and replace with some-

thing intentionally. Providing another habit to fill the space. Losing you energy. If you were a smoker that when anything got tense you dashed out and paced around inhaling deeply – losing energy. One thing is to think before you respond – really effective thing to do. Someone says something offensive – think before you respond. Good habit to acquire.

SF: The body is connected to the feeling by the blood. Emotions cause hormonal changes and immediately affect the body.

P1200 the body is connected to the feeling-organization by the blood, and the feeling-organization is connected to the organization actualizing the functioning of mentation or consciousness by what is called Hanbledzoin, that is, by that substance which arises in the common presence of a man from all intentionally made being-efforts.

Driver may have to be the one calling the shots but without the horse no energy. Feeling organisation has to initiate the effort that then actualises mentation.

What has kept me in this work for decades – has been the feeling center that has kept me going amid my confusion. In the analogy – try to mine the metaphor for every implication. What does the horse really want. Connected to a load – has work to do. Happiest when connected to a load. Is my emotional center healthiest when it is governed ...

RP: Feeling wants to take on a load in order to learn.

SW: Strong connection to the body that I lack.

RP: I usually take male mentors but this yoga class is female and I want her to help me to understand how she moves. She yells and best thing to put my mind on alert. How do we learn? After yoga class out to lunch – in bliss.

RB: Let me introduce idea – normal thinking center, emotional center, moving center are functions – organs. By imaging that one of these functions experiences joy in doing something is like your liver enjoying digesting your lunch. Can remember playing table tennis and really enjoying smacking a ball. The body knows how to hit a ball.

SW: Need to tread lightly imagining emotion – sensations – difference between sensation of emotion and imagination of emotion.

RB: Imagination is what the moving center does – it creates the image. May collaborate with intellect and emotions.

SF: That is interesting. Chess players are moving center ...

RB: How do you move your arm – not by thinking about it. When playing chess have ability of picturing pieces going from there to there. Said somewhere – waste more of our energy in imagination than anything else. So being able to control imagination is a good idea. Hanbledzoin created by imagination. If you want to calm down the horse – image of being alone in a pasture chewing buttercups. Not a new idea – use images to quiet emotion.

BP: Hanbledzoin – what is my relationship to the horse? Have to understand the horse. Relate to when you train dogs. When you train a dog has a job. When you say sit and he can is happy. Something communicated with that dog so that this can be actualised.

RB: The way G – active force in intellect and can use imaging to communicate with the horse. Already has ability to say left, right and no. Want it to be happily trotting along.

Have been sick and didn't have energy to do anything. Had a piece of work that had to get done and could do a bit and would run out. Getting better. Interesting thing to experience – constraints. Horrid being ill. Recovery slow and happening through the gut – through drink because can't take anything solid. Got to the point today when I could do two of these meetings without wanting to die.

SF: Show no evidence of being ill.

RB: If you were in direct connection with the sensations in my abdomen ... would know. Personality seems to be able to manifest itself despite various pains. About inner considering. Inner considering makes me do this.

SW: Saying personality – think it is more than that. Got three centers going and not just personality.

BP: Intentionally-made being-effort.

RB: These are among the most important times of the week for me – I learn from these events. We do this and I learn things. No inherent censorship.