## Meeting 115: 31-Jan-2024

## — From 1173 to 1183 —

## **EU Session**

Attendees: Robin, Paula, Sasa, Vesna, Michelle F, Robert D, Carole O, Eddie P, Gwynne M RB [Presentation]

RD: Philip K Dick experience - something close to the higher intellectual center. Pink light and something took over his life. He was like an avatar and it completely transformed his life. It was very practical - not like equations or anything - he started writing about it. To do with a light - pink not yellow.

The Exegesis of Philip K. Dick is a fascinating and complex work that delves into the author's religious and philosophical experiences following a series of visionary episodes in 1974. It's not your typical book, but rather a collection of notes, journal entries, letters, and story sketches that Dick poured out in a stream of consciousness over the next eight years until his death in 1982.

Here are some key things to know about the Exegesis:

The Vision: In February and March of 1974, Dick experienced what he called "2-3-74," a multi-layered event involving pink beams of light, a golden man, and a profound sense of interconnectedness with everything in the universe. This event became the central focus of his Exegesis.

The Quest for Meaning: Dick dedicated the rest of his life to trying to understand the meaning of his vision. He drew on a vast array of sources, including Gnosticism, Jungian psychology, ancient mystery religions, and even science fiction itself, to create a complex and evolving explanation.

The Themes: The Exegesis explores a wide range of themes, including the nature of reality, the possibility of multiple universes, the role of gnosis (direct knowledge of the divine), and the relationship between the human and the divine.

The Impact: While the Exegesis is not an easy read, it has been hugely influential on scholars and fans of Dick's work. It offers a unique window into the mind of a genius and provides valuable insights into his fiction.

CO: It started with blue - first page we read - pale blue when egolionopties landing. Then orange, then bearing a casket ... Lastly yellow. The group here in Maine - colour spectrum exercise. Blue heart, yellow legs, orange spinal cord.

Violet in head indigo in arms ... Green in stomach, orange in sex center and buttocks. This is obviously three, not all seven and not in order.

Could think of heart as emotional center and legs as moving and spinal cord as intellectual?

RB: Spine is more moving center. Denying force in three forces. Head brain creates active, spinal denying and neutralising emotional.

GM: Chart on Rodney Collin and planets - how that works with different chakra systems?

RB: Don't know if there is a connection. Look at acupuncture world, chakras, Latifahs, planets - must all be connected.

GM: Vagus nerve - any stress to nervous system will interrupt those processes. Interrupts hor-

mone flow. Quote on sex center - wondering too if that isn't a driver connected to everything. In the sitting - if I were to do that - focus on sex center as driving force through breath work ... Trying to unify my body and seems there is always ... Where I am putting my attention ...

PS: Hormones connected to the sex center?

GM: My doctor focuses on amount of hormones in blood work. That seems to be related ... What kind of stress? Not always paid attention to Rodney Collin ... In medical astrology - Uranus runs the nervous system in a chart - so when I saw that connection - nervous system driving perception. When doing sitting nervous system has to be relaxed.

RB: When sitting trying to give space to investigate psychic parts. Moving center in impartial position. Relax psyche and go to breath which is under the laws of the planets - determined by atmosphere. Matter of what you put your attention on as to where that takes you.

GM: Imagination ... Intelligent man asked me to explain imagination - anything that drives you away from reality.

RB: Two words in Rina's group. Representation and imagination. Imagination normally relates to imaging capability of moving center interlocked with other 2 centers to manifest a dream. I bought a lottery ticket .... Imagination about how I am going to change the world when I win. Moving center provides the image and the thinking center can go meandering from one association to another and emotional center pulls it ... Sensations from outside - imagination - are not in inner world. Outside, or mechanical part of inside world.

GM: Way of blocking sensation. When doing a sitting I am numb to anything outside of me. Even numb to overthinking. Only way I can regulate is through the breath.

RB: That is my experience too. Breathing needs to be passive - letting body breathe. If you interfere, interferes with everything. This is one of the reasons for the Tales itself - we don't have good words for describing those experiences we need to be able to communicate about to help each other. I always sit with back straight and with hands in a certain position. Mudras that have an impact on the body. Sense the body - arms, legs, head - organs doing things all the time, so can't relax them. Can sense solar plexus and power center in the gut.

GM: Vagus nerve connects with organs.

RB: Connects with energy if you can do ...

RB: Arms position - movement posture in the big 7? What is he trying to communicate?

GM: Horns and ritual of coming to ... Hymn to Our Endlessness intriguing. One of the most difficult chapters.

RB: All these people ... Going to touch the handle - causes B's horns to be restored. Misbehaved on Sun Absolute ... Lost his horns. Who is putting parts of themselves into the reason of Beelzebub - into his soul? All the other members of his tribe - aspects of himself? What kind of ceremony?

PS: Impact it has on Ahoon and Hassein.

RB: Read the hymn on p1174.

Promising to praise the Absolute indefinitely.

GM: Seems to be that is a driving force - let the Absolute be a driving force even when I am trying to battle with my attachments and identification.

RB: How much is it possible to make sense of? If he hadn't banished the Heropass we wouldn't

exist.

GM: Take the obligolnian strivings and attach to that hymn.

RB: Central to the whole of The Work.

GM: Everything we read is connected to everything else ...

RB: Necessary most of the time to use words and confined to the level of the intellect.

GM: We all have a driving force to touch our essence and be connected to our essence.

RB: In certain interchanges we are only mechanical. All of this is one thing.

GM: When Rina died ... You had internalised the experience of Rina Hands, rather than the group. Can see how small the group becomes ... Not going to present this material to a beginning group - would force them to intellectualise. Don't want them to over-think things.

RB: People need to read this book all the time - daily. Material needs to be in the formatory apparatus. If they don't read in the second way - won't have the experience - have to do that. To take it apart and try to understand the meaning of the words. Certain study groups will have been exposed to that to some degree - those who only just started ...

GM: A lot of people don't read the Tales - read ISOM ...

RB: People who are in the work and tried to orientate themselves to where G is leading. Will often come out of formatory apparatus - to tell people they don't know how to observe themselves - will take it as an insult. Can't change that ... In physics, chemistry, intellectual approaches - in the world.

GM: psychologists are trained in observing others. Half my clients are psychotherapists for that reason.

CO: The profession is not about psychology - about techniques, not inner work.

GM: Jung - everything he writes is about observing himself.

RB: Beginning of ISOM - line is drawn - acknowledgement and discovery that there is another state of awareness. Would have to establish in order to discover the technique of self-remembering.

[discussion on psychotherapy]

CO: Idea of death. Bring in new organ?

RB: Organ kundabuffer - didn't give you a choice - constraint. Needs to be a complete constraint. Interesting idea. When I first read in 1981 - thought yes people should be aware of their death and taken years to understand - the very definite difference between death an intellectual idea and death as a reality. If you don't have death as a reality your perception of yourself is already prejudiced. Will have body die.

GM: Correlate that with building a soul - kesdjan body - at the same time.

RB: Not just a kesdjan body. Three separate bodies. Kesdjan body exists as something for the soul to occupy. The soul doesn't need a kesdjan body ultimately. This body needs feeding every day. Second food is the food of the kesdjan body - consuming the atmosphere of the Earth which is influenced by the planets all the time. That body is being fed - breath is being used - as the fundamental food of the kesdjan body. If you were to die in one minute's time - how is the kesdjan body going to breathe? Other things that go with this - the kesdjan body is going to

the ionosphere and most people who read the Tales don't understand that. Astral body - at death - goes to the ionosphere. Body of the Soul - existence of man - intellect is the formatory apparatus and nothing else and it cannot ascend as it is. There are about 7 different gradations of reason and they are the growth of the Soul - the third body - and won't grow in most individuals at all.

GM: Development of reason - break it down - connect into all the bits and parts that came before. Jeanne de Salzmann - 100th birthday - here present ... Level of being shocks me. Can I talk to you from a level of being? No.

RB: Part of the problem of the Work. Given a lot of information - people can't digest the information in an intellectual form. Told directly that there are reins between driver and horse - between normal intellect and emotions. Can't manifest an emotion at will.

PS: Actors use imagination to put themselves in that state.

RB: Meryl Streep is one of my favourites - seems to be able to manifest everything.

GM: face has to reveal the emotion.

Want people to develop consciousness by being aware of being aware.

On our next chapter, let's not read 10 pages at a time.

RB: Can try to cut it down ... The first and last chapter ... Can reference any part of the book. Stuff that gradually emerges that isn't immediately visible. Thing that has disturbed me more than almost anything else ... Don't think of somebody that came up with a political theory and wrote it on buffalo hides. Something being said about evil in the behaviour of human beings doesn't come from those massacres, comes from something that happens before that.

The economy of German - once they decided to eliminate the whole of Jewish population - ended up tying up the railroad to such an extent that it impacted the economy of a country trying to fight a war. Evil comes from before ... The original idea is the one that gave birth to the horrors.

GM: Understanding of three bodies - merge and bleed off of each other at horizontal level. Still in 3 separate bodies.

RB: Individual held up as height of reason - Albert Einstein - had good intellect but isn't anywhere near any of these gradations of reason. There is a higher level of reason that you know if you witness it.

GM: Jung could only get what Einstein was about through his dreams.

RB: The example I like - person of modern times taken to be a genius - Stephen Hawkin. All he did for the whole of his life was play around with the mathematics of black holes - none of which actually happens at all. Feted as a really brilliant individual.

PS: Do you think he believed it?

RB: Saw a Q&A with him - someone asked a question and Hawkin dismissed it with the normal argument used to address that question.

GM: I think he is the beginning of AI. Elon Musk implant device is a replication of whatever Hawkin was using.

RB: Got better - long after that - don't need to vocalise for the device to work.

PS: There are devices now that don't need to be implanted that do the same thing.

GM: Connecting with nerves that have died.

PS: That isn't what they are doing.

GM: It is. Have to follow the research.

[Discussion on Twitter and what Musk did with it ... SpaceX]

RB: Will break remaining chapter into 5 - 7 pages. After that can have meetings on other books or topics across all of the material.

GM: Gradations of reason - will send a list of what I think you should do.

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## **US Session**

Attendees: Robin, Paula, James, Robert P, Sandra W, Stephen F, Bobbie P, Gary R, Ronald, Jeff, John A

RB [Presentation]

BP: This is an example of The Work ... the opportunity to be able to read this.

SW: Love this book – even if I don't understand all of it.

Understanding and knowledge – from last week. P240-241 in MWRM – understanding is the essence of ... intentionally learned and personal experiencing. Knowledge only ... the works in a certain sequence.

RB: When the writing is referring to Beelzebub it is capitalizing 'He' and 'Him'. Nowhere else in the Tales. Something being indicated in State change. Beatitude of Beelzebub.

How he reaches his heights is odd. Ascent of Beelzebub is characterised by horns and horns are grown by people in the ship touching a rod with a ball on the end and contributing their being to it. It is as though everybody is eager to do this – contribute part of themselves to the growing of Beelzebub's horns. Indicates the level of his beings. Would appear to be a random process – individuals sacrificing something of themselves. Contributing an amount that the Captain indicates – the Captain is Pogossian.

JA: reading of the invasion of Tibet. Actions reminded them of previous tales. Descent of kinsmen to help out the King – by attending to roles they have to play. Abdul – Beelzebub inculcating something in him that gets him killed. In Tibet high ultimate chief convinces people to allow the invitation – putting themselves in peril. In this chapter, these kinsmen sacrificing something for the benefit of Beelzebub – all about display of something that he merited for things already done. Then when he is transfigured and can't tell where the light is coming from – suggests to me something about the edge of created and non-created n some higher level associated with Endlessness.

RB: Has to be Sun Absolute really.

JA: Degrees of Reason laid out – anywhere else or even explained here what the differentiation is other than signalling of forks and horns. Apocryphal story of G in Caves of Lascaux – comments on number of horns and something to do with level of being. Association he had ... about horns on deer.

Gradations of Reason:

Anklad

Podkoolad

Ternoonald

Degindad

**Ischmetch** 

Martfotai

Also: Hoodazbabognari

Inkozarno

being-Mirozinoo

Okiartaaitokhsa

SW: 1175 "As the virility and degree of Reason of beings of your nature are defined and manifested by the horns on your head ...

To renounce your own ...

Ceremony – reaction between Angels and Devils – two natures. Behind Beelzebub ... made me think about Lucifer – Beelzebub redeemed devil. Lucifer beloved by God and so was Beelzebub. Placed close to Sun Absolute – close to the degrees of Reason – 3 degrees from the Absolute.

Branches as part of celebration: myrtle, palm, Devd'el Kascho. Auras?

Myrtle has many symbolic meanings one being victory from a bloodless battle.

JA: Myth of Gurdjieff – in Catholicism story about spending eternity with God. In this story Beelzebub is at the end of his life.

SF: By helping – having to give away part of their being – in order for someone to progress someone else has to give it up.

Length of time ... depend on amount of active elements. Some more able to transmit active elements. Renounce – Beelzebub after the ceremony discovers Hassein standing in Hermit pose. Solitary figure who chooses the hard way through the narrow gate – Tarot. Longed to meet wise and trusted father figure ... Could that have to do with Hermit who renounces the easy path – like Bodhisattvas who choose to come back for the sake of others. If you try to hold on to your own horns have you missed the point ... need to give it up to keep getting it.

Ronald: Wanted to put on as long as possible – Captain stepped in. Just people, not Archangel. He has spent his life not growing horns and has not sign of his level of reason and these people might give up too much ...Dovetails with final 2 paras – relationship with people, not God.

SW: Don't think they are people – devils.

RB: His many I's. Unity thing going on here. Other piece of evidence – Ahoon steps forward – Ahoon is Beelzebub's personality ...

SW: Essence comes up a lot. Essence-grief – the Absolute expresses essence-grief too. 1181. Aspects of Essence.

BP: Indulgences of Beelzebub's nature – ability to bring about maturity and horns.

Palm – faith.

Devd'el Kascho = You are possessed by the devil.

SW: Meetings of Angels and Devils – Angels eat the humans – although Devils aren't quite humans.

RB: In Christianity was a scheme – hierarchy from God down – Seraphim, Cherubim.

PS: Goes back to before Christianity.

RB: The wings appear in lots of places. Don't think it is imagination – think people have seen these things. Premise of the Work is we have to ride on the back of the Devil – the Angels are not going to help us.

James: The readings we have done together from this book has been revelatory for me. Been reading the Tales for years, but this has been tremendous help. This is unusual. It is my teacher in many ways – try to apply some of the exercises – prayers in the morning ...has become a regular exercise. Exercise given at the end of this – to realise one's own death and everyone one looks at ...

Wings. Listening to Canticles being sung ... Krishna temple – statue of God has wings.

RB: Gurdjieff: I have buried in this book certain bones, so that certain dogs with great curiosity and strong scent may dig down to them, and, strange thing, when they have done so, are men.

GR: I feel like the youngest here. The Tales were like Mount Everest and feel like I'm maybe at base camp. Taken it literally every single time ... then Stephen says "I don't think that is what is going on ..." Appreciate being given an insight.

RB: Came to the Tales in 1981 and read and re-read it. Left it for a couple of years at times. Eventually – there was a moment when I was with Rina Hands – asked her when he said does he mean it when he says to read it out loud as if to someone else. She said: that's what he wrote, that's what he meant. Most people don't take the book seriously. If you know for sure that he means it – huge mystery.

Everybody should read this book ... as if out loud to somebody else. The first way is to read it literally – good to do a lot of that. Not a wasted effort. Second form of reading hits you differently and meaning emerges that wouldn't otherwise emerge. Three centered reading: vocal cords moving center, thinking center tasked with parsing the words, emotional center is focused on the meaning of the words.

Third way of readying - have to dig down to find third layer of meaning.

JA: In the last chapter – the words of Beelzebub to Endlessness – at some level saying there is still a problem with the way the Universe is constructed. Only difference between how he was and now is that he has lived through and is feeding back what Endlessness wants to know.

Might mean hypnotic method of injecting it – organ at base of spine. Don't know of one other than the tail.

Saying there is a problem with the way you have constructed the universe.

RB: The immortality of the Absolute depends on our mortality.

When you read the five obligolnian strivings – sorrow of our Endlessness – creation inevitably leads to points of sorrow everywhere.

SW: Beelzebub suffering essence-grief.

RB: You are going to lose your body – going to be a day when you separate from your body ... you are going to have grief for the body that dies. An organ like kundabuffer – organ that couldn't be disobeyed. The answer that the final statement – insisting not only would you be-

come aware of your death ... wouldn't be able to avoid it. Informed all the time.

SF: Anybody tried to do that? I have tried in sittings. Really to imagine I was just about to die. One time I did succeed in pushing it a little further and began to feel a real panic about what it would be like – my lungs could no longer work ... all the things I rely on shutting down. Pretty scary. People who have had near-death experiences – things wouldn't be as important – would cease to interest you. I forget every minute.

SW: Really glad that we are talking about it. Could make myself shut down. Bad advice Beelze-bub!

BP: If it can be replaced with the 'I am' it might be successful.

Ronald: I decided to write a proposal to the A&E conference as an exercise. It does not say you picture your own death. Inevitability of death – not in the future for everybody. Very hard exercise – don't know anybody who does it. He could not have gone any further in drawing attention to this. He is saying to do this and it is next to impossible. He could have said mortality, but he says inevitability of death.

SW: My take away from that last paragraph – hate is the root cause of everything.

JA: The Tales start with Endlessness mentating the inevitable result of the diminishment of the Sun Absolute. His inevitable death. What constitutes creation and G to change the view of God as the great Megalocosmos.

SF: Is the inevitable result of impartial mentation the realisation of reality or the inevitability of our own death?

Have to ride on the back of the devil. Have to immerse yourself in the world. He came down over and over again – had to get his hands dirty. Hassein being prepared to do the same thing – have to go to the workshop of the Earth.

JA: All the beings are three-brained – including devils. Man two natured – mass-based and massless. Beelzebub is invisible – mankind doesn't see his real nature. What is the embodiment of Beelzebub. Think the confusion is intentional.

Are there Angels and Devils?

RB: Have to be – logically. Modern science – no angels or devils.

BP: Are devils fallen angels.

RB: In a sense – not aspiration. Moon's representative on Earth in our Ray of Creation – feeds the moon. Cloven hoof – governs everything from cloven hoof down. Human being has a choice and role of devil is to tempt human being. Russian Orthodox refers to as thwarter.

Jeff: Life quality control inspector.

PS: What about fairies?

RB: There are entities that exist at every step in the step diagram. Dwarfs/trolls belong to the mountains – entity associated with the life of the mountains. Nymphs that hang around streams. That might be the case because of the third octave – side octave from point Sol – God over that is the devil because he rules over two brained beings.

BP: p1179 Posture of Universal Hermit. Posture of Hermit gets fat. Creation moment in Hindi.

Four quarter maintainers. Each has their own Egolionopties – goes with the job. Why would one suddenly appear because it is time for Beelzebub to get his horns.

RB: Will put diagram in the notes.

RB: More for us to understand from this chapter.

SW: Colours and the way he pulls colours out. Orange and blue opposite on the colour wheel. Act like auras.

RB: Casket – is there a dead body in there?

RB: Also tried to envisage my own death. When that was too difficult, tried to think about what I am – what I will be when I leave my body. Patterns of behaviour that go back a long time. Am I that, or is that washed away with the body. I noticed that I had an expression on my face like my father – maybe he took it from someone else – maybe that goes back 1000 years or 5000 years. Am I that? Interesting question. Begins with discarding your body – that is condemned to dust. Still going with that – what exactly am I?

RP: I have been starving myself for no reason except that 30 of my family died in the holocaust. Self-denying – in that space. The ancestors come through you.

RB: Things that I think are me that aren't really me. Weight of people who went before who gave you stuff and carried what came to them.

RP: Exercise is to learn how to feel sadness.

RB: Moderation thing. Dive into the midst of some well of sorrow – stand chance of drowning. Have to accept as part of inheritance.

The diagram of the side octaves is on the next page...

