

Gurdjieff Oskiano
11th January 2024
Q&A Notes for
The Enneagram
Music and the Work

Attendees: Robin, Paula, Stephen F, Sandra W, Robert D, Robert P, Kelly C, Sasa, Bobbie P, Michelle F, Alexandre C.-G.

John Amaral joined for second part.

SW: Last night talking about Passive and denying and seems to be different – about substances or am I getting mixed up?

RB: There are six different configurations of forces – go into that later as to how that happens.

BP: How is this different from G's descending octave in writing the Tales?

RB: All ascending octaves also have descending aspect. We are taking the perspective of the kitchen. We could have represented G's writing of the Tales as an ascending octave like this one. Sometimes we are passive and acted upon and other times active ...

SW: Passive types achieve things by being passive and active by being active.

RB: Solar types by naivety. You are Martial – have red colouring – also blond types can be Martial. They tend to pursue something to the point of destruction – depends upon the life of the individual. Martial types tend to marry Venusian types – means they are attracted, not that they necessarily get on.

SF: My first intro to six processes was in Dramatic Universe and he names expansion concentration, freedom in order and ... interaction – where the names for these came from?

RB: Came from Ouspensky and used by Dr Roles and Rodney Collin.

SF: Think it was volume 1.

RB: Bennett: great perspectives on the work. Reminded me of what Byron said of Coleridge – explained his theory to the nation, wish he had explained his explanation.

SF: Chart on triple enneagram with step diagram. We are situated at Harnel-Aoot – depending on whether things are affected by internal or external forces. Need to make the choice – as important to look inward as outward – unless we do have no concept that there is a whole universe in us that can be developed. Most people looking outside ... When you reach that point and realise the inner gaze is essential

– making everything you thought was you subjectivity – turning to an object. Subjectivity was identification with personality and suddenly becomes something that you were looking at as external. What you thought was you has to become objective so you aren't identified with it.

Came across a quote about inner Christianity attributed to St Francis – What you are looking for is that which is looking. Cannot see what is looking but can be in touch with it ...

RB: Most of these diagrams are more instructive than my voice over. Man is Vertebrate or Invertebrate. Mankind by definition has to be working from higher part of intellect and higher part of emotional center. Can be here for a second – not necessarily live here.

Those things that were subjective have to become objective. Everything you were so proud of about yourself – just functions. Man who is working from higher part of intellectual center in concert with higher part of emotional center is just exercising a function.

Have to bring yourself to it – conversation never takes you there. We should already know that – we are horrible failures. Can't even take our own advice. If we are impartial to our horrible failures maybe something is possible.

SF: Second state in process of digestion of impressions is perception of reality?

RB: Yes. Impressions either don't fall on you at all – mechanical – or ... summoning denial.

What happens to food and oxygen (as well as impressions). Oxygen enters bloodstream as negatively charged ion – goes to liver to be transformed to glucose. Can maybe help if they conform with something we observe about ourselves.

SW: When I first heard about enneagram was about personality types. Then found out about the real enneagram and thought the other stuff was bogus. There is some reason for looking at.

Liked what you said: feast of identification.

Gems – never make a whole tiara

Causal body?

RB: Driver of carriage.

G never used a specific term for driver of carriage. Would talk about body of reason – not driver of carriage – so used Ouspensky term Causal Body. Usually active force – assuming not a total robot.

Easy to introduce points of confusion.

RP: Types question. Compassion – if you know somebody is Marshall have compassion. Only know outer ... On outside they are Marshall and on inside trying to overcome?

RB: You can be compassionate regardless of whether they are trying. Even if they are criminal – they can't do otherwise.

SF: Confrontation – one thing you said ... when I meet with confrontational people who I want to do battle with and some people who are equally confrontative but don't irritate me whatsoever. Coming from a place ...

RB: Picked on Marshall type – learned how to coexist with them. They are all like that. Mercury is a thief – just steal stuff. Saturnine individual – person who tells you to do things and you don't mind – makes perfect sense and unlikely to insult you because he knows you will get out of control. If it is a jovial guy will just be fun being with him. Koala bears are lunar/Venusian types – worst thing is even when they have tidied up not tidy enough.

MF: Seductive as well. I worked in an area where I encountered many ...

RB: Personality types – not really – buckets. You are in the work and struggling with an aspect of your identity and someone comes up with this scheme and it may be beguiling – if I apply can work it out. Essence types are worth pursuing – you can use your own intelligence to work out some of the things ... Don't think the personality types worth looking at.

If you observe something about your personality that needs fixing – you just do it – don't need to know any more about it.

Why am I the way I am – don't really know.

What is looking? Me that is looking! Identified so not looking any more – trap.

Eye that cannot see itself and finger that cannot touch itself.

SW: Essence types enneagram – connection with planetary influences and ... Ray of Creation. More explanation on languages. Hebrew alphabet and Tarot and connection to DNA. How is Tarot used as a language?

RB: Why are there 22 chromosomes aside from gender – in man? Work that was done – stuff emerged – proof that is years old that the whole of the fungal world and plant world are in an alliance and might almost think of them as belonging to the same family. Where fungus exists have a deal with the plants and they pay them in sugars and they pay in communication network.

Imagine that you were born but never have parents or anything to influence you but come into contact with other living things – are you going to generate a language? It has been answered. Fungi have at least 50 words – similar to human words. Like a conversation. If things at that level talk – language is fundamental.

PS: My dog understands language and I don't understand him.

RB: Can explain a lot by ... animal emotional centre.

MF: My reason for learning language – to understand what is happening around me. If you don't understand dog – you don't listen.

RB: This is hard going. Have to absorb concepts ... What does the hanged man mean? If I didn't have Hebrew, don't know where I would go.

SW: Have a bunch of Tarot decks – visual and symbolic. History of meaning ... take it literally or do you read as you look at a card and somebody's new depiction of the hanged man. Another wrinkle into concept of language.

RB: Language situation not clear. Visuals feed moving center. Picture of hanged man – might have emotional response – will have moving center response. Intellect doesn't know what to do with it. Divination one thing ...

PS: Challenge is providing intellectual explanation for something that isn't intellectual.

RB: Intellect is master of weighing and measuring. Once of the things that concerned me is why did they have to write poems as sonnets in Shakespeare's time? Why 14 lines?

MWRM ...

Ask the question: what am I? I have been reading about the nature of the Assyrian and Babylonian civilisation and question that occurs to me is I am what I am right now and what I am was dependent on what I was before. Did something when I was 6 and now you are getting this 6 year old thing as part of what I am. Am I an accumulation of every sum total or am I just cherry picked. OK until I get to the point of birth – I see my father in the mirror – I was imitating him. And did it come from his father or mother. I am a process – what is it made up of that make it do what it does?

They did things differently in Assyrian and Babylonian times – they were writers. History destroys the material other than rock. We know we have characteristics from our immediate family – am I manifesting something that comes from Babylon? I don't know what I am.

At a point in time I can know what I am right now ...

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Music and the Work by John Amaral

PRESENTATION ON MUSIC AND GURDJIEFF WORK by John Amaral

Agenda:

<http://www.usschoolofmusic.com/A&E/EC&G/EC&G.htm>

Sign of the Cross Exercise

Science of the Sign of the Cross Exercise

Sufi Latifas loci are spirit levels e.g H & idiots <https://en.wikipedia.org/wiki/Lataif-e-Sitta>

Lataif related to chakras? Possibly not. Locations are very different.

Music as a sensing exercise

16 Meridians, see diagram in the above linked paper, 16geniuses.com, thegeniusof-flexibility.com

Four 'Ordinary Worlds' and the Gurdjieff 'Three 'Ordinary Men' / Three Brained Beings Mystery

Unconscious Time Sense of the Four World Types

Training in Worlds of Music as a Tool for sensing

Q to hold: is Gurdjieff Music in/out of ordinary? In what location(s) does it affect us?

01 Concerto No. 4 in G major_ I. Allegro.mp3

02 II. Andante.mp3

03 III. Presto.mp3

04 Moroccan Meditation.mp3

05 Jimmy Cliff - Rivers of Bab.mp3

06 Mickey Baker - Sweet Home Chicago.mp3

07 Rachmaninov _ Rhapsody on a.mp3

08 Rachmaninoff- Prelude in G min.mp3

09 Joshua Fought the Battle of J.mp3

10 Bartender_s Blues.m4p

11 Reconsider Me.m4p

12 Sunday Kind Of Love.mp3

13 In The Heat Of The Night.mp3

14 Sam Cooke - Touch The Hem Of His Garment.mp3
15 john riley.mp3
16 What a friend we have in Jesus.mp3
17 I HEARD IT THROUGH THE GRAPEVI.mp3
18 Carmen.mp3
19 Come Together.mp3
20 You Do Something To Me _Alb.m4p
21 Twisted.mp3
22 ZB 08.mp3
23 The Oh Of Pleasure.mp3
24 Tiny Geometries.mp3
25 Black_ Black_ Black.m4p
26 Steal Away.mp3
27 Shenandoah.m4a
28 Spiritual.mp3
29 Lowlands.mp3
30 Rachmaninoff.mp3
31 Confutatis.mp3
32 Kothbiro.mp3
33 Release.mp3
34 Aguas de Marco.m4p
35 fiesta de la rumba.mp3
36 Song of the Molokans.mp3
37 Alleluia.mp3
38 Kurd Melody for Two Flutes.mp3
39 Tibi Cantamus in F Minor.mp3
40 Sayyid No. 7.mp3
41 Night Procession.mp3
42 Holy Affirming, Holy Denying, Holy Reconciling.mp3

43 Sayyid No. 10.mp3

44 038 _39_ Ist.mp3

45. Mr. Nyland study 962 from https://www.youtube.com/watch?v=Kg_ED686k7E

Manfred Kleins – Australia – aboriginals and 5 sounds. Ear is an organ of touch – outside world.

Man 1,2,3 – mystery. 16 Meridians divide into 4 groups that correspond to man 1,2,3 and a 4th world. I say the 4th world that is also ordinary. If you are of the 4th world you are missing from 1,2,3. This leads to the tortuosity of the enneagram of types – 16 meridians and 4 types in each world. Not exactly Gurdjieff. Although typology was one of his hobbies.

Postulating there are 4 ordinary worlds and when he gets to man 4 – he didn't know? Think maybe Ouspensky had a hand in that – misunderstood. Is it in the Tales?

There is a physical world that has a sense of time and emotional time sense is past and intellectual is looking to the future.

What does Bach have to say?

Has 3 different types/worlds – we resonate with these worlds.

SF: If 3 centres were lights of different colours ... listening to what you played – a mix of 3 frequencies – somehow a three centered response. 4th person – is that an equal blending of the first 3.

JA: No. Not at all. You can distinguish the physical and emotional. How much is each you can tell for yourself. Not only ears – can sense in your body.

RB: Shenandoah moves me. Cultural overlay that I don't have.

JA: Informs you. Spirituals – want to reproduce it.

SW: And the quality of voice.

JA: Also that is rare.

In country music – Patsy Kline, George Jones. Have the voice and can use it. Country music also highly emotional.

We use ourselves to distinguish and resonate.

JA: Big question is where do you place Gurdjieff music given the training we have just been presented with.

Mr Nyland was a pianist. He made recordings on Gurdjieff work – held tightly. He also played piano and that was held more tightly. He said his playing was more

important than his talking. What is it about his playing that might be interesting? He obviously was someone trained in piano and had a great ear. Might think you have heard some these things or similar before.

Gurdjieff music. Heard people say it is like this or that. De Hartmann was a very good musician and composer. He also did composition with famous people. No collaboration as unique as that of G and De Hartmann. Elan Sicroff speaks eloquently about this.

After De Hartmann left G he was changed but was not composing Gurdjieff music. Did compose music for movements in the 50s, but after that did get some work and his music is interesting and absorbed a lot of 20th Centuryisms and Hollywood.

SW: Always thought G music very intellectual and also strong melancholy and emotion also history to it. Was that last piece G playing?

JA: Harmonium – recorded by Dushka.

RB: Distinct difference between movements music and other music. I can remember 2 instances doing the movements. Remorse for your parents – in doing the movement the piano notes are exploding inside my chest. End of Summer Week and a number of people came off movements floor with tears in their eyes. Not possible over Zoom to recreate anything like that. I have known the magical quality twice. None of these pieces are movements pieces. Movement called the Sacred Goose and that was a piece played at the funeral of Rina Hands and can't hear it without crying. Strong association, so don't know if it has anything to do with the music.

Alleluia touches me. Song of the Molokans also has an impact.

Gurdjieff / De Hartmann music has a quality all of its own.

JA: Hard to say whether conditioned or intrinsic. We have such a conditioning in the West to various kinds of music. This approach of going through the worlds and playing examples from pop is a way to disassociate from conditioned part. Musicians want to dissect and figure out what is going on – can go overboard.

RB: People playing for movements have to adjust to play without personality.

JA: George Bennett said Elan best player for movements. He studied with Madame de Hartmann.